

actout for health

Instructions for Submitting Your Own Billboard Design

1. In Photoshop, create your billboard – don't forget to read the rules and download the materials available for your use at www.actout4health.org.
2. Save your design using these specs:
 - JPG format
 - 72 dpi
 - 801 pixels x 233 pixels
 - RGB color mode
3. Visit www.actout4health.org and click “Enter Now.”
4. Follow the steps to download your Creative Brief at step 3.
5. Select “Create a Billboard.”
6. Since you have already created your billboard in Photoshop;
 - Click the “Add a Photo” tab
 - Click “Upload File”
 - Select your billboard file
7. Once your file has uploaded, and is sized and positioned correctly, click “Preview” and follow the rules to submit.

Note: If your design is chosen as the winner, we'll need a hi-res version of your design. Be sure to save a hi-res PSD version of your design as a back-up!



Your design here.